

Hello Potential JHYM Coach!

We hope you are enjoying a rejuvenating summer! We invite you to prayerfully consider being a “coach” to share God’s love with a small group of junior high teens this year! Engaging the 7th or 8th graders with activities and discussions regarding God and faith is a challenge; but we will empower you with easy-to follow outlines, effective strategies, and lots of encouragement! We know if the teens have their eyes and hearts open, they will surely see the love God has for them through YOU! Coaches say that being a coach really helps them continue growing in their own personal faith as well as self-confidence and leadership skills.

Junior High Youth Ministry sessions are on Sundays and Mondays. You would pick ONE of those days. We have 5 small group sessions in the fall and 5 small group sessions in the winter. We also have 2 outstanding large group workshops and a retreat. Lastly, we will gather as coaches 3-4 times throughout the year to prepare for our time with the teens. Please take some time to pray about if God is calling you to serve Him in this way. If you have any questions, please call Jenny or Matthew. Please let us know by August 15th if you will join the JHYM team this year!

✓ **New Coaches Orientation & Fall Prep Meeting** to learn about being a JHYM Coach on Monday, September 10th 6:30-8:30 pm in the Day Chapel.

For **ALL NEW TEEN & ADULT** coaches
(I promise, this is the **only** 2 hour prep meeting!)

✓ **Coach Prep Meetings** (please attend with your co-coach either Sun or Mon meeting)

* Sunday., November 4th 10-11 am or Monday, November 5th 6:30-7:30 pm

* Sunday, February 3rd 10-11 am or Monday, February 4th 6:30-7:30 pm

* Sunday, March 10th 10-11 am or Monday, March 11th 6:30-7:30 pm

LIFE MASS 6:30 pm!

All teens and FAMILIES are invited to an engaging, teen-ministered evening Mass. (It's a little more casual and a little more fun!)

May the Grace of God Fill You Today!

 Jenny Krumdrick Matthew Krumdrick

Expectations for High School & Adult Coaches

- ✓ Prepare in advance for your JHYM sessions each month (read the outline, attend the prep meeting, and connect w/ co-coach; pray for your group)
- ✓ Attend the JHYM session and help out in a variety of ways
- ✓ Grow in a personal friendship with Jesus
- ✓ Attend Mass Regularly
- ✓ Pray everyday
- ✓ Make healthy and moral choices
- ✓ Live with integrity

“Coaching” for Junior High Youth Ministry at Saint Jude



“Coach” is the name we’ve given to the **adults** and the **high school teens** that together lead each small group. Our goal as coaches is to engage and inspire the teens, evangelize our faith to them, and have a lot of fun!

Our times for JHYM are:

On **Mondays** from 6:00 to 8:15 pm

- ☑ 6:00-6:30 coaches gather to pray, pick up materials, and welcome participants
- ☑ 6:30-8:00 we run the session; we begin with large group opening in the gym, break out into huddles (which include small group games, discussions, prayers and group study activities), and close with a meaningful prayer experience in the church
- ☑ 8:05-8:15 coaches do a debrief of the session

On **Sundays** from 4:15 to 6:25pm

- ☑ 4:15-4:45 coaches gather to pray, pick up materials, and welcome participants
- ☑ 4:45-6:15 we run the session; we begin with large group opening in the gym, break out into huddles (which include small group games, discussions, prayers and group study activities), and close with a meaningful prayer experience in the church
- ☑ 6:15-6:25 coaches do a debrief of the session

Each coach serves a distinct role in the small group:

- ☑ The **adult coach** is responsible for bringing the experience of the faith to the small group, to speak with authority, to act as a stabilizing factor, and reach out to the parents of the participants to connect them with the program
- ☑ The **high school coach** act as someone for the Jr. High teens to relate to and see how learning about faith is a reality, not just a far away goal, but when lived with authenticity is made real

Preparing for each JHYM Session:

- ☑ A variety of, one hour long Prep Meetings are offered throughout the year and coaches are highly encouraged to attend as many Prep Meetings (ideally, with his/her co-coach).
- ☑ Prep Meetings include a prayer and brief faith sharing, practical strategies for effective ministry with junior high teens (such as leading group discussions, handling discipline issues, etc), and detailed explanation of and specific ideas for implementing the upcoming session
- ☑ Adult and Teen Coach partners are encouraged to attend together.
- ☑ If you are not able to attend a prep meeting, contact Jenny or Matthew prior to the session to discuss it

Other great stuff:

- ☑ Adult Coaches are asked (with the support of Jenny & Matthew and the help of parents) to implement a group Stewardship outing outside of the regularly scheduled JHYM sessions
- ☑ Coaches are asked to have their group participate in a 6:30 pm LIFE Mass (or a morning Mass) as greeters, ushers, and by bringing up the gifts and reading petitions once during the year
- ☑ Junior High Teen participants are required to attend one retreat each year. 7th grade coaches are needed to help facilitate and build community in the huddle group (on January 27). 8th grade coaches are invited and encouraged to help facilitate one of the 6 Confirmation Retreat options.



Junior High Ministry 2018-19

PARTICIPATION FAITH FELLOWSHIP SERVICE

All Junior High teens are known and valued members of their small group huddle. Caring adult and high school leaders will journey with teens as they develop and deepen their personal relationship with Jesus through prayer, Scripture, and faith sharing. Teens are offered a variety of engaging stewardship (service) projects and experiential retreats, and are given opportunities to grow in leadership skills. The sessions complement whole parish faith formation and intergenerational service learning opportunities.

We encourage families to attend 6:30 pm teen-ministered Mass immediately following the Sunday sessions!

Year #1: 7th Grade

Sunday

Monday

4:45-6:15** pm

6:30-8:00 pm

Intro to JHYM & Scripture Workshop (Parents attend)

September 23*

September 24*

Small Group Huddle Gatherings:

October 14	October 15
October 28	October 29
November 11	November 12
November 25	November 26
December 9	December 10

7th Grade Retreat: January 12 9-12 pm

Prayer Workshop (Parents attend)

January 27*

January 28*

Small Group Huddle Gatherings:

February 10	February 11
Attend 1 night of Mission: Feb 24th 4 pm for Teens or Feb 25th 7 pm for all	Attend 1 night of Mission: Feb 24th 4 pm for Teens or Feb 25th 7 pm for all
March 3	March 4
March 17	March 18
April 7	April 8

Teen Reconciliation Service: Wednesday, April 3rd 7 pm

Dates in bold: Catholic Skills Workshops!

* Parent(s) are asked to attend (count as Explore 4)
** Teens are asked to attend 6:30 pm Life Mass with their small groups. Families are encouraged to attend.

Expectations for 7th & 8th Grade

- ★ Teens are expected to participate in a minimum of **6 stewardship projects** (approximately 20 hours)
 - ie: Care Package Assembly, Feed My Starving Children, Rake & Run, Scavenger Hunt (among many others!)
- ★ Teens are asked to attend **1 retreat each year**
- ★ Teens are asked to attend Mass and fill out **7 Family Mass Reflections** (1 each month)
- ★ Teens and families are asked to participate in **4 Explore 4 events**
- ★ Teens are asked to attend a **Reconciliation Service** on Wednesday, April 3rd at 7 pm

STJUDES.ORG/JHYM

LIFE MASS 6:30 pm!

All teens are **STRONGLY** encouraged to attend 6:30 pm Life Mass with their huddles on the Sundays of JHYM.

Year #2: 8th Grade

Sunday

Monday

4:45-6:15** pm

6:30-8:00 pm

Confirmation Prep #1: attend with parent(s)

September 16*

September 17*

Small Group Huddle Gatherings:

October 14	October 15
October 28	October 29
November 11	November 12
November 25	November 26
December 9	December 10

Confirmation Prep #2: attend with sponsor

January 13*

January 14*

Small Group Huddle Gatherings:

February 10	February 11
Attend 1 night of Mission: Feb 24th 4 pm for Teens or Feb 25th 7 pm for all	Attend 1 night of Mission: Feb 24th 4 pm for Teens or Feb 25th 7 pm for all
March 3	March 4
March 17	March 18
April 7	April 8

Teen Reconciliation Service: Wednesday, April 3rd 7 pm

Confirmation Prep #3: attend with sponsor

April 14*

April 15*

* **Dates in bold: Confirmation Preparation**
Parent/sponsors must accompany teen (Explore 4).
** Teens are asked to attend 6:30 pm Life Mass with their small groups. Families are encouraged to attend.

Confirmation Retreat Options

8th grade teens are asked to choose one of the following retreats and register on JHYM website.

Spots are limited, register on line:

- Power of the Cross #1** @ Hands of Hope
- Sports & Nature Retreat** @ St. Francis Woods
- Works of Mercy Retreat** @ MOLA in Chicago
- Winter Xtreme** @ Camp TimberLee in WI Feb 22-25
- Power of the Cross #2** @ Hands of Hope

New Teen Coach Application

Name: _____

Mobil #: _____

Email: _____

Day: Sunday Monday Either

Please reflect on and answer these questions. Fill this out, sign the bottom and turn it in as soon as possible. Thanks!

1. What experiences and or people have helped your faith grow this year and how?

2. How do you stay connected to God—tell me about your prayer life and how often you experience Sacraments.

3. Why do you feel called to serve as a high school coach for JHYM? What specific gifts will you offer our Team?

4. Do you have any conflicts you foresee (sports, job, etc)?

Do you agree to follow the expectations for High School Coaches?

- I will prepare in advance for your JHYM session each month (read the outline, attend the prep meeting, connect w/ co-coach, and pray for my group)
- I will attending the JHYM session and help out in a variety of ways
 - I will not use my cell phone for gaming, texting, or calling during the session
 - I will take an active interest in the teens in my huddle but I will NOT contact them outside of the huddle for personal reasons via facebook, texting, twitter, etc.
- I will continue to grow in a personal friendship with Jesus
- I will prioritize and attend Mass Regularly
- I will pray everyday
- I will continue to make healthy and moral choices (no drinking, no drugs, no sexual activity, no cheating, no stealing, no breaking the law, etc.)
- I am a teen-ager with integrity (I do the right thing, for the right reason, even when no one is looking)